



ELMET GUIDE



BASICS

The ELMET Guide is a practical methodology guide that supports educators in designing, facilitating and debriefing educational escape rooms. It focuses on pedagogy, learner engagement and reflective learning rather than technology.

URL / Access: https://www.elmetproject.eu/assets/files/ELMET_Guide_EN.pdf

Tool type: Facilitation guide

Needs a digital platform? No



KEY FEATURES

What you can do with it:

- Manage timing and pacing
- Deliver hints or clues
- Support collaboration and communication
- Guide post-game discussion
- Collect feedback or reflection
- Provide ready-made debrief questions or worksheets

Formats available: PDF / Worksheet



HOW TO USE IT

1

STEP 1:

Read the guide sections related to educational escape rooms to understand the ELMET learning approach and key pedagogical principles.

2

STEP 2:

Use the planning frameworks and examples to design an escape room aligned with learning objectives, target group and available time.

3

STEP 3:

Apply the facilitation guidelines during the escape game to manage group dynamics, hints and pacing.

4

STEP 4:

Use the proposed debriefing and reflection questions after the escape room to support learning transfer and group discussion.



TIPS FOR FACILITATORS

- Start with clear learning objectives before designing puzzles.
- Use the guide's debrief questions to turn gameplay into learning.
- Adapt examples to your learners' age and experience level.
- Plan hint delivery in advance to avoid frustration.
- Allow time after the game for structured reflection.



ADDITIONAL INFORMATION

Multilingual support: Available in English (project resources may exist in other languages).

Technical requirements: Any device capable of opening PDF files. No internet connection required after download.

Does it work offline? Yes

Adaptations for SLD users: The guide encourages teamwork, reflection and flexible facilitation, allowing educators to adapt activities and pacing for learners with SLD.

Cost and access:

- **Price:** Free
- **Free plan limits:** /
- **Account required?** No